



# Rhythm Workout

On your lap, tap the rhythm 3 times daily as you count aloud.



Count: 1 + 2 + 3 + 1 + 2 + 3 +

## A Splash of Indigo

CD 5/6 GM 3

Moderate jazz waltz tempo

6

*mf*

1 + 2 + 3 +

7

13

*f*

19

25