## Technique Tool 3

## **Moving Freely**

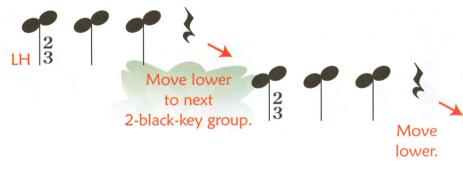
- LH: With your left hand and arm, gently trace a *curved arch* like a rainbow moving *down* the keyboard.
- Play "Beautiful Arches (LH)" on the closed keyboard cover as your left hand gently drops onto the wood.
- RH: With your right hand and arm, gently trace a *curved arch* like a rainbow moving *up* the keyboard.
- Play "Beautiful Arches (RH)" on the closed keyboard cover as your right hand gently drops onto the wood.

Repeat 3 times each day with LH, then RH.

## Beautiful Arches (LH)



Play moderately (medium) loud.



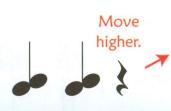
Beautiful Arches (RH)



Play moderately (medium) loud.

RH





**Technique Tip:** In "Beautiful Arches," move freely up and down the keyboard, using gentle, curved arches.

