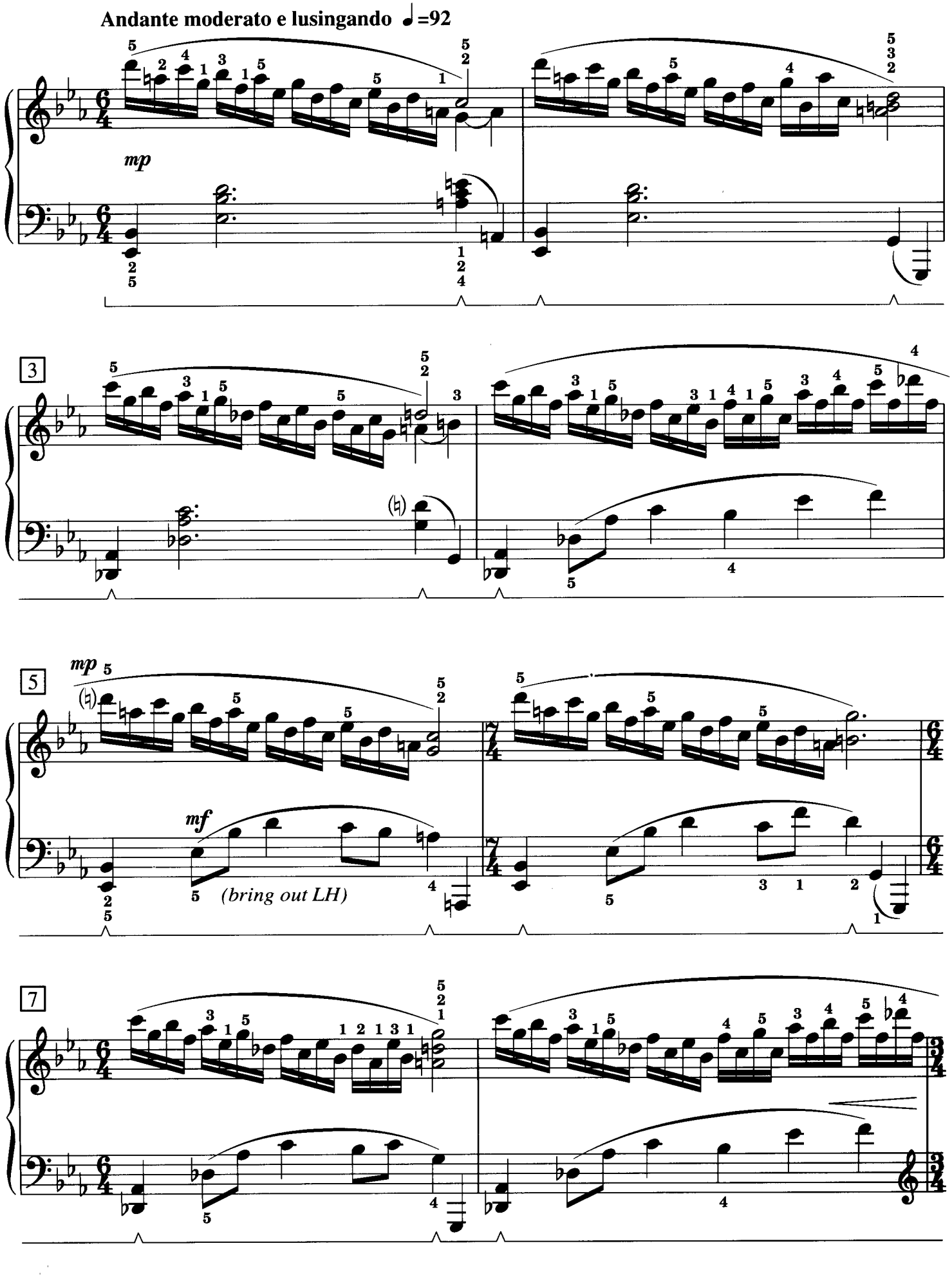Spring Waters